

Network News



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Who Are We?

The Adolescent Parent Interagency Network (APIN) is a network of Manitoba professionals who meet monthly with the goal of ensuring high quality service to pregnant and parenting adolescents. The Network helps facilitate the sharing of information related to existing services and resources.

**Come to the APIN Fall 2005 events
to learn about...**

Sept. 13th, 2005 presentation

Presentation: COMMON STREET DRUGS & PARAPHERNALIA
Date & Time: Tuesday, Sept. 13th, 12:00 - 2:00 p.m.

Note: This is a 2-hour meeting with complimentary lunch provided. Please RSVP to Beth at 339-0247 by Sept. 7th.

Place: Adolescent Parent Centre
136 Cecil St. (free street parking available)
Presenters: Constable Rob Carver, Winnipeg Police Service
Bob Dewbury, AFM Youth Services
Description: Please see page 2 for details.

Oct. 18th, 2005 Conference - Adolescent Parent Day

Date & Time: Tuesday, Oct. 18th, 10:00 a.m. - 2:30 p.m.
Place: Canad Inn (Polo Park)
1405 St. Matthews Ave
Description: In place of a lunch-hour presentation in October, APIN is hosting a special, interactive half-day for adolescent parents. Please see Page 2 for details and how to register.

Nov. 8th, 2005 presentation

Topic: PARENTING WITH FETAL ALCOHOL SPECTRUM DISORDER (FASD)
Date & Time: Tuesday, Nov. 8th, Noon - 1:00 p.m.
Description: Mark your calendar to come learn about "Parenting with FASD: Challenges, Strategies and Supports." Being a parent can be difficult, but particularly so if you are affected by FASD. Details will be provided in the next newsletter, to be distributed in late October.

Please bring your own lunch to the Nov. presentation (coffee & tea will be provided).

SEPTEMBER 13TH PRESENTATION

Common Street Drugs & Paraphernalia

**Adolescent Parent Centre - 136 Cecil St.
Noon - 2:00 p.m. (Lunch provided)
Please RSVP to 339-0247 by Sept. 7th**

Join Constable Rob Carver of the Crime Prevention Unit, Winnipeg Police Service, and Bob Dewbury from Youth Services with the Addiction Foundation of Manitoba (AFM) on September 13th to learn about street drugs and teen drug use.

Constable Carver will present samples of common street drugs and associated paraphernalia, and discuss what professionals should be on the lookout for when working with teens. He will also provide current statistics on drug crimes in Winnipeg.

Bob Dewbury will share recent AFM data, such as what drugs teens are using and their attitudes towards use. He will focus on caring interventions that service providers can use with youth who they suspect or know are using drugs.

Also, copies of "Project Gang-Proof," produced by Manitoba Justice, will be made available. This handbook includes colour photographs of common street drugs and paraphernalia.

APIN Network News

is published six times per year for the network of Manitoba professionals working to ensure high quality service to pregnant and parenting adolescents.

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APIN STEERING COMMITTEE

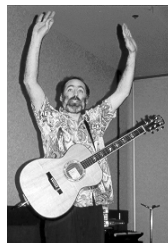
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- Dee Godfrey, Ma Mawi (Blake Gardens) 925-0332
- Ericia Snell, Healthy Start for Mom & Me 949-4801

OCTOBER 18TH CONFERENCE

Adolescent Parents' Day

**Canad Inn - Polo Park (1405 St. Matthews Ave)
10 a.m. - 2:30 p.m.**

This special half-day interactive conference for adolescent parents is free of charge to adolescent parents and the service providers who accompany them. Babies are welcome as the day's activities are planned to engage mom and baby together. (Note that child care will not be provided. Please be sure to bring whatever your baby might need, such as food, diapers, floor blanket, toys, etc.) Lunch and snacks will be provided for the adolescent parents and service providers.



**10:00 - 10:30 a.m.
Jacques Jake Chénier**

The day will start with energetic singing, clapping and dancing along with musician Jake Chénier. A Juno Award-nominated performer, Jake Chénier is dedicated to the educational entertainment of children.

10:30 - Noon Scott Erickson, Family Therapist

The remainder of the morning will involve a session with Scott Erickson, a family therapist at The Family Centre. When first invited to speak about conflict in relationships, Scott wondered how he, as a middle-aged man, would have the faintest clue about the challenges young moms and moms-to-be face in their relationships or lives, or what to do about those challenges. Answering that question led him to meet with four young women at Villa Rosa. These young women told him stories about what has been challenging in their lives and answered his questions about how they have resisted or surmounted or otherwise dealt with those challenges. The group then decided together what pieces of those stories of resistance and triumph to share with others at this conference.

Noon - 1:00 p.m. Lunch & Information Fair

Organizations are invited to set up an information table. **To book space, please contact Donna Paul at 948-4114.**



1:00 - 2:30 p.m.

- ▶ **Infant Massage**
- ▶ **Bookmates**
- ▶ **Wiggle, Giggle & Munch**

TO REGISTER:

Please call Beth at 339-0247 or fax 338-4727 by Tuesday, Oct. 12th with the service provider's name, agency/program name, and name of young parent(s) attending. There is no registration fee or form to complete.

The Family Centre presents
Where families come first!



Gordon Neufeld, PhD

Developmental and Clinical Psychologist, and author of the bestselling *Hold on to your Kids: Why Parents Matter*

Relationship Matters: Harnessing the Power of Attachment

November 7 & 8, 2005
Churchill Park United
Church, Winnipeg
525 Beresford Ave

Among the topics to be covered:

- ▶ the role of attachment in personality and behaviour
- ▶ the foundations of an attachment approach
- ▶ a three-pronged approach to effecting deep and lasting change
- ▶ three core interventions that prime the maturing process
- ▶ developmentally friendly strategies for dealing with problems

This workshop is appropriate for psychologists, teachers, psychiatrists, social workers, family physicians, community nurses, therapists and counsellors.

For INFORMATION and REGISTRATION, please contact Jo Lloyd at jolloyd@familycentre.mb.ca or call 947-1401.

Community Legal Intermediary Training Course

Fall 2005 - Session #21

The Community Legal Intermediary Training Course (CLI) is a program that targets individuals who are often called upon to help others in the community with legal problems, whether in the role of a worker, friend or community leader. The program aims to provide participants with basic knowledge about our laws and legal system, and to inform them of the proper role of a legal intermediary. The program is sponsored by Community Legal Education Association (CLEA), a not-for-profit community agency that provides Manitobans with a variety of public legal education services. The program is presented with the help of many talented, dedicated lawyers and volunteers.

Classes for this session start September 14 and continue each Wednesday from 6:00-8:30 p.m. at CLEA's office (501-294 Portage Ave) for 11 weeks total. Registration costs \$100 and space is limited. *For a registration form, call CLEA at (204) 943-2382.*

The Child and Adolescent Mental Health Program and the Department of Social Work at St. Boniface General Hospital present...

Recent Developments in the Treatment of Complex Trauma

**Friday, October 28 and
Saturday, October 29, 2005**
The Fort Garry Hotel, Wpg

\$195 for Early Registration
(prior to Sept 15th). Includes
continental breakfast.

This workshop will provide vital information for those professionals working with children, adolescents and adults who have experienced a trauma, e.g. child abuse, domestic violence, sexual abuse.

The purpose will be to gain an understanding of what does and does not work during the various phases of adaptation to Post Traumatic Stress Disorder. Dr. van der Kolk will discuss the most recent innovations in the treatment of PTSD as they relate to both children and adults. This workshop will be of interest to Child and Family Services workers, mental health workers, psychiatrists, physicians, psychologists, hospital and community health care professionals, social workers, nurses, educators, EAP workers, family therapists, and others. *For more INFORMATION, please call Charlotte at 237-2677.*



Dr. Bessel van der Kolk, M.D.

Dr. van der Kolk is one of the world's foremost authorities on psychological trauma. It is his first visit to Winnipeg.

Legal Tips for Single Parents

REPLACEMENT pamphlet enclosed

Enclosed with this APIN newsletter is an updated version of the pamphlet "Legal Tips for Single Parents." **An earlier version (on blue paper) that was circulated with the APIN newsletter should be discarded & replaced with the enclosed.**

The updated pamphlet contains corrected information on naming the child plus recent changes to resource numbers.

Nobody's Perfect Facilitator Training

Become a facilitator and join over 200 facilitators actively involved in *Nobody's Perfect* across Manitoba.

Participants at the 4-day training session will:

- Learn the purpose of *Nobody's Perfect* and become familiar with the parents for whom the program is intended.
- Experience and understand the key concepts that form the basis of *Nobody's Perfect*.
- Learn the role of a facilitator and the skills he or she uses.
- Become familiar with the materials and resources.
- Practice facilitating a group through the various stages.

Please be aware that there must be a commitment to implement *Nobody's Perfect* after completion of the training.

TO REGISTER:

Call (204) 231-3208
or visit the website at
www.nobodysperfect.ca
for an application form.



Nobody's Perfect – “There are no perfect parents or perfect children or perfect people. We can only do our best and we all need help once in a while.”

Cost: \$150
(Space is limited.)

OCTOBER 3-6, 2005

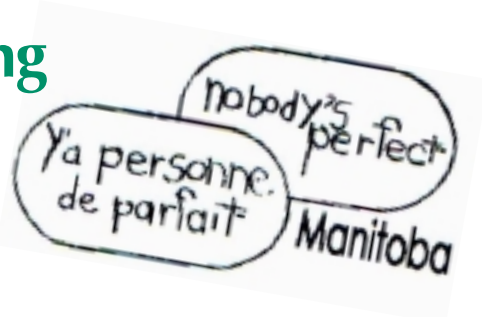
9:00 A.M. - 4:30 P.M.

LOCATION: THOMPSON

OCTOBER 24-27, 2005

9:00 A.M. - 4:30 P.M.

LOCATION: WINNIPEG



ABOUT NOBODY'S PERFECT

Nobody's Perfect is a program for parents of children from birth through age five. It is an education and support program designed to strengthen parenting skills.

Nobody's Perfect has been developed for a particular group of parents – those who for one or another reason have little access to other resources. The program does **not** teach one “right” way to parent. It helps parents to recognize their strengths and to find positive ways to raise healthy, happy children. The program is not intended for families in crisis or those with serious problems.

Provincial coordination of *Nobody's Perfect* Manitoba is the responsibility of a part-time coordinator with support and guidance from a Steering Committee. Youville Clinic Inc. administers the provincial office. Youville is a community health resource that provides nurses and other health care professionals who work with individuals, families and community groups for better health.

Promote your programs and events in APIN Network News!

The APIN newsletter is distributed 6x per year to over 700 individuals and organizations in Manitoba.

Upcoming deadlines

Oct 12 / Dec 7 / Feb 8

Fax to: (204) 338-4727 or e-mail: river@mts.net

(Info included as space allows.)



GET ON THE APIN MAILING LIST..

Fax the completed form to (204) 338-4727 / post to: 441 Scotia St., Wpg, MB, R2V 1X3 / e-mail: river@mts.net

Name & position: _____

Organization: _____

Mailing address: _____

City/Prov/PC: _____

E-mail address: _____

Phone / Fax: _____