

# Promoting Healthy Youth Relationships

## Partnership Training



RespectED: Violence & Abuse Prevention

IT SHOULDN'T HURT TO BE IN LOVE, YET AT LEAST  
**30-35%** OF CANADIAN TEENS EXPERIENCE RELATIONSHIP VIOLENCE.

### Healthy Youth Relationships Trainer Partnership

This comprehensive training for adults consists of an on-line course and one day of in-person training. Successful participants are then certified to deliver the *Healthy Youth Relationships* program to youth ages 12 and older. Teaching guide, curriculum and resources are provided in the training.

### Healthy Youth Relationships

looks at healthy and unhealthy peer romantic relationships, focusing on awareness, communication and prevention strategies.

This program empowers young people to identify:

- healthy dating relationships and supporting behaviours
- gender-based violence, homophobia, sexual harassment and inappropriate sexual behaviour
- what makes a dating relationship abusive
- legal definitions and ramifications of assault
- consent, protection and reporting procedures
- where to find support and community resources

A PowerPoint presentation and interactive activities support the delivery of this information and identify warning signs such as emotional mistreatment.

The delivery model allows the program to adapt to the timetable through its modular format.

### Training Details for Trainer Partners

Cost: \$250 per person. Includes on-line course, in-person training and "*Promoting Healthy Youth Relationships*" teaching binder – curriculum, resources, and activities.

***Promoting Healthy Youth Relationships*** online course (approximately four hours in length) and in-person training explores the dynamics of healthy relationships, the warning signs of unhealthy relationships, the forms of assault and the ecological framework for relationship violence. During the in-person training, curriculum and resources will be reviewed and the participants will also have the opportunity to prepare and practice facilitating the curriculum.



# Promoting Healthy Dating Relationships Trainer Partnership



RespectED: Violence & Abuse Prevention

RespectED: Violence & Abuse Prevention

## Participant Registration Form

**DATE:** March 9, 2011

**PLACE:** Red Cross House,  
1111 Portage Ave., Winnipeg. MB

**TIME:** 9:00am–3:30pm

**COST:** \$250 (including resources)

\*If cost is a barrier, please contact Rebecca Ulrich to discuss possible alternatives.

Participant Name: \_\_\_\_\_

Agency: \_\_\_\_\_

Phone: \_\_\_\_\_

Email: \_\_\_\_\_

Mailing Address: \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_

Please make cheques payable to:  
The Canadian Red Cross

*If an invoice is required, please provide  
the following information:*

Contact: \_\_\_\_\_

Agency: \_\_\_\_\_

Phone: \_\_\_\_\_

Email: \_\_\_\_\_

Fax: \_\_\_\_\_

Please complete this registration form and forward with payment by *February 14, 2011* to:

Rebecca Ulrich

RespectED Education Coordinator

Email: rebecca.ulrich@redcross.ca

Fax: 942–8367

Ph: 982–7319

The Canadian Red Cross,

1111 Portage Avenue

Winnipeg, Manitoba, R3G 0S8



This training is made possible by the generous support of the United Way of Winnipeg

### RespectED: Violence and Abuse Prevention

- Promoting healthier relationships and safer communities since 1984
- Helped over one million Canadian youth and adults understand abuse, harassment and interpersonal violence issues
- Available to children, youth and adults who work with children and youth
- Delivered by highly-trained and certified staff
- Interactive processes encouraging a proactive community approach to prevention