



RespectED: Violence & Abuse Prevention

# Promoting Healthy Youth Relationships Partnership Training

IT SHOULDN'T HURT TO BE IN LOVE, YET AT LEAST

30–35% OF CANADIAN TEENS EXPERIENCE RELATIONSHIP VIOLENCE.

## Healthy Youth Relationships Trainer Partnership

This comprehensive training for adults consists of a three-day workshop. Successful participants are then certified to deliver the *Healthy Youth Relationships* program to youth ages 12 and older. Teaching guide, curriculum and resources are provided in the training.

## Healthy Youth Relationships

looks at healthy and unhealthy peer romantic relationships, focusing on awareness, communication and prevention strategies.

This program empowers young people to identify:

- healthy dating relationships and supporting behaviours
- gender-based violence, homophobia, sexual harassment and inappropriate sexual behaviour
- what makes a dating relationship abusive
- legal definitions and ramifications of assault
- consent, protection and reporting procedures
- where to find support and community resources

A PowerPoint presentation and interactive activities support the delivery of this information and identify warning signs such as emotional mistreatment.

The delivery model allows presentations to adapt to various timeframes through its modular format.

## Training Details for Prevention Educator Partners

Cost: \$400 per person. It includes training and the comprehensive “*Promoting Healthy Youth Relationships*” teaching binder – containing curriculum, resources, and activities.

***Promoting Healthy Youth Relationships*** in-person training explores the dynamics of healthy relationships, the warning signs of unhealthy relationships, the forms of assault and the ecological framework for relationship violence. Prevention and intervention strategies are also shared as well as current laws and the ramifications of relationship violence. Throughout the training, participants will also have the opportunity to prepare and practice facilitating the curriculum.





RespectED: Violence & Abuse Prevention

# Promoting Healthy Youth Relationships Participant Registration Form

**DATE:** September 27–29, 2011

**PLACE:** Red Cross House,  
1111 Portage Ave., Winnipeg. MB

**TIME:** 9:00am–4:00pm

**COST:** \$400 (including resources)

*\*If cost is a barrier, please contact Rebecca Ulrich to discuss possible alternatives.*

**Participant Name:** \_\_\_\_\_

**Agency:** \_\_\_\_\_

**Position:** \_\_\_\_\_

**Phone:** \_\_\_\_\_

**Email:** \_\_\_\_\_

**Mailing Address:** \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_

Please make cheques payable to:

**The Canadian Red Cross**

*If an invoice is required, please provide the following information:*

**Contact:** \_\_\_\_\_

**Agency:** \_\_\_\_\_

**Phone:** \_\_\_\_\_

**Email:** \_\_\_\_\_

**Fax:** \_\_\_\_\_

Please complete this registration form and forward with payment by *September 6, 2011* to:

**Rebecca Ulrich**

**RespectED Education Coordinator**

**Email:** rebecca.ulrich@redcross.ca

**Fax:** (204) 942–8367

**Ph:** (204) 982–7319

**The Canadian Red Cross,**

1111 Portage Avenue

Winnipeg, Manitoba, R3G 0S8



**United Way**  
Winnipeg

*This training is made possible by the generous support of the United Way of Winnipeg.*

## **RespectED: Violence and Abuse Prevention**

- Promoting healthier relationships and safer communities since 1984
- Helped over one million Canadian youth and adults understand abuse, harassment and interpersonal violence issues
- Available to children, youth and adults who work with children and youth
- Delivered by highly-trained and certified staff
- Interactive processes encouraging a proactive community approach to prevention

