

Promoting Healthy Youth Relationships

Partnership Training



RespectED: Violence & Abuse Prevention

IT SHOULDN'T HURT TO BE IN LOVE, YET AT LEAST
30-35% OF CANADIAN TEENS EXPERIENCE RELATIONSHIP VIOLENCE.

Healthy Youth Relationships Trainer Partnership

This comprehensive training for adults consists of a three-day workshop. Successful participants are then certified to deliver the *Healthy Youth Relationships* program to youth ages 12 and older. Teaching guide, curriculum and resources are provided in the training.

Healthy Youth Relationships

looks at healthy and unhealthy peer romantic relationships, focusing on awareness, communication and prevention strategies.

This program empowers young people to identify:

- healthy dating relationships and supporting behaviours
- gender-based violence, homophobia, sexual harassment and inappropriate sexual behaviour
- what makes a dating relationship abusive
- legal definitions and ramifications of assault
- consent, protection and reporting procedures
- where to find support and community resources

A PowerPoint presentation and interactive activities support the delivery of this information and identify warning signs such as emotional mistreatment.

The delivery model allows presentations to adapt to timetable challenges through its modular format.

Training Details for Trainer Partners

Cost: \$375 per person. Includes training and the comprehensive "*Promoting Healthy Youth Relationships*" teaching binder – curriculum, resources, and activities.

Promoting Healthy Youth Relationships in-person training explores the dynamics of healthy relationships, the warning signs of unhealthy relationships, the forms of assault and the ecological framework for relationship violence. Prevention and intervention strategies are also shared as well as current laws and the ramifications of relationship violence. Throughout the training, participants will also have the opportunity to prepare and practice facilitating the curriculum.



Promoting Healthy Youth Relationships Partnership Training



Re: _____
RespectED: Violence & Abuse Prevention

Participant Registration Form

DATE: March 1-3, 2011
PLACE: Red Cross House,
1111 Portage Ave., Winnipeg. MB
TIME: 9:00am-4:00pm
COST: \$375 (including resources)
*If cost is a barrier, please contact Rebecca Ulrich to discuss possible alternatives.

Participant Name: _____
Agency: _____
Phone: _____
Email: _____
Mailing Address: _____

Please make cheques payable to:
The Canadian Red Cross

If an invoice is required, please provide the following information:

Contact: _____
Agency: _____
Phone: _____
Email: _____
Fax: _____

Please complete this registration form and forward with payment by *February 18, 2011* to:

Rebecca Ulrich
RespectED Education Coordinator
Email: rebecca.ulrich@redcross.ca
Fax: 942-8367

Ph: 982-7319
The Canadian Red Cross,
1111 Portage Avenue
Winnipeg, Manitoba, R3G 0S8



This training is made possible by the generous support of the United Way of Winnipeg

RespectED: Violence and Abuse Prevention

- Promoting healthier relationships and safer communities since 1984
- Helped over one million Canadian youth and adults understand abuse, harassment and interpersonal violence issues
- Available to children, youth and adults who work with children and youth
- Delivered by highly-trained and certified staff
- Interactive processes encouraging a proactive community approach to prevention