



Network News



APIN Upcoming Events

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Who Are We?

The Adolescent Parent Interagency Network (APIN) is a network of Manitoba professionals who meet regularly with the goal of ensuring high quality service to pregnant and parenting adolescents. The Network helps facilitate the sharing of information related to existing services and resources.

APIN January Brown Bag Event

APIN invites you to its January 25th, 2011 Brown Bag Session **Removing the Barriers to Teen Breastfeeding: A Service Provider's Perspective**. The Presenter will be Marusia Kachkowski, MPH, BSN, IBCLC. Please bring your own lunch. Tea and coffee can be purchased on your way to the session – there is a Tim Horton's located in the St. Boniface Hospital. Bottled water, a fruit plate and dainties will be provided.

DATE: Tuesday, January 25, 2011
 TIME: 11:45am - 12:45pm
 LOCATION: St. Boniface Hospital Room # NG034

REGISTRATION: Contact ede Fast, APIN Coordinator, via email at info@apin.org. Please provide us with your name and the Agency you represent. Please register early as space is limited. Registration deadline is Monday, January 17, 2011.

APIN Annual Conference

“Vulnerable Youth + Pregnancy = Opportunity for Change”

April 29, 2011
Canad Inn Polo Park

Please watch the website for further information as it becomes available.

APIN provides the opportunity for information to be shared, however may not endorse or promote the materials or views conveyed.

Adolescent Parent Day ----- November 18th, 2010

This year's Adolescent Parent Day was once again educational, entertaining and exciting. There were 110 adolescent parents, their children and service providers in attendance. The photos tell the story!



Upcoming Events & Notices

- *Steve deGroot, Consultant, www.gettingtobetter.ca - offers information, workshops, newsletters, support*
- *Project CHOICES, a new Manitoba FASD prevention program, focusing on increasing use of birth control and/or decreasing alcohol consumption with girls ages 16 and up. This program is being offered city-wide. Counsellors are based out of Klinik Community Health Centre (Lyndsay: Call 784-4015 Tara: Call 784-4072) and Nor'West Co-op Community Health Centre (Jodie: Call 940-8611).*
- *Ft. Garry Women's Resource Centre: Cyber – Safety: Workshop for Female Service Providers – Wed. January 12th 9:30-11:30 am at 1150A Waverley St.; call 477-1123 to pre-register*

In an effort to provide a broad range of resources and information, panelists and speakers for our meetings are chosen based on suggestions by our members. Those chosen are not meant to reflect the definitive resources available, but rather some of the resources available. APIN welcomes suggestions, for topics or presenters from its members. The greater number of presenters we engage is to our benefit and expands our list of available resources.

On October 26, 2010, APIN held a Lunch & Learn event on the topic of “**Assisting Adolescent Parents in Securing Housing**”. The room was filled to capacity, there was excellent discussion, and many concerns and ideas were brought forward.

Some of the identified *issues and concerns* were:

- Very limited affordable housing
- \$387 per month limits housing options
- Long waiting lists for housing
- Safety and supports that decrease isolation important for young mothers
- Challenges for minors re legalities of signing leases, lack of references, etc.
- Location and transportation impact on housing options
- Lack of housing options in rural Manitoba

Options for Action were divided into the following broad areas:

- An increase in housing options – different models
- Financial Options
- Supports, Services, Programs

Please see the website (www.apin.org) for a complete report of the discussed items.

A special thank you to Minister Kerri Irvin-Ross, who attended and addressed the audience. The Minister assured those in attendance that the list developed at the session would be reviewed by her office. APIN’s committee dealing with the housing issue will be in contact with the Minister to follow-up.

APIN Network News

is published three times per year for the network of Manitoba professionals working to ensure high quality service to pregnant and parenting adolescents.

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APIN website: www.apin.org

APIN is funded through Healthy Child Manitoba.

APIN STEERING COMMITTEE

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Shelley Jonasson, Mb. Labour & Immigration.....	945-5020
Pam Gillman, New Directions.....	783-7078 x205

Information regarding upcoming events and activities will be advertised on the APIN website, via email as well as in the newsletter.

WWW.APIN.ORG

Newly Re-Designed Website!

Check it out regularly for details regarding APIN’s upcoming events, activities and resources.

HIGHLIGHT A PROGRAM - Resources for Adolescent Parents (RAP)

Resources for Adolescent Parents (RAP), New Directions for Children, Youth, Adults and Families, is a community-based program for young women who are pregnant or parenting and are under the age of eighteen. Many of the young women participating in the program have left school because of pregnancy and are dealing with other challenges as well such as poverty, family problems, criminal activity, addiction, violence, sexual exploitation and gang affiliation. RAP is an all day program with an off campus Gordon Bell classroom called Just Learning and life skills programming; there is a pay incentive as well as social support. Participants earn high school credits in grade nine to twelve, receive counseling, participate in cultural activities (most of the young women are Aboriginal) and in life skills learn more about parenting, career planning and self employment, post secondary education, job preparation, cooking, sewing, film making, fitness and more.

The young women in the program often comment about the community atmosphere in the program and their comfort in attending school with other young women who are pregnant or already parenting:

“Awesome, I like it because it is in my neighborhood, people are friendly here and you learn things you wouldn’t learn anywhere else like First Aide/CPR, Traditional crafts, self employment planning, film making and editing ...”

“Gives you a head start financially, get school credits, learn basic life skills. It’s a safe and warm environment...we learn about nutrition, I eat fruit now and I never did before. Teaches us people skills....”

“Learn healthy eating and it is supportive. Have other girls to talk to who are going through what I’m going through; you’re around people you feel comfortable with.”

“You work at your own pace in school and I like that it starts at 10:00!”

“People are nice, meet new people instead of just having the friends you had before you were pregnant and doing things you shouldn’t do....”

Are you on the APIN Distribution List?

APIN distributes information regarding upcoming events and other pertinent information via email. If you wish to receive this information electronically, please send your email address to [ede Fast at info@apin.org](mailto:info@apin.org).

Promote your programs & events in APIN Network News!

email: info@apin.org
(Information included as space allows)
