



Network News



A Look Inside

Page 2:

*May 2009 Western Canada Conference

*Dr. Karp Public Event Notice

Page 3:

*February Event Summary

Page 4:

*Community Events

*Highlight a Program

Who Are We?

The Adolescent Parent Interagency Network (APIN) is a network of Manitoba professionals who meet monthly with the goal of ensuring high quality service to pregnant and parenting adolescents. The Network helps facilitate the sharing of information related to existing services and resources.

Educational Options for Adolescent Parents April 14th, 2009

Date & Time: Tuesday, April 14th, Noon - 1:00pm

Place: Adolescent Parent Centre, 136 Cecil Street
(Street parking available)

Panelists:

Wendy Prince Moore, Mount Carmel Parenting Student Support Program
Maureen Quinsey, Adolescent Parent Centre
Donna Tom-Brannan, Teenage Parent Program, Nelson McIntyre Collegiate

Description:

Join us for the APIN one hour brown bag session, featuring a panel discussion on the educational options available for adolescent parents. Each panel member will be given 10 minutes to address the questions listed below. We have allowed time for Q&A at the end of the session.

Panel Questions:

1. Please provide a synopsis of your program and identify the supports your program offers to assist pregnant or parenting adolescents in attaining an education. (ie. transportation, childcare, outreach, counselling, and others ...)
2. What challenges does your program face in attracting and retaining pregnant or parenting adolescents with regard to completing their education and how is the program addressing these issues?

Preregistration is required. Please contact Dana via email at info@apin.org or by phone at 224-1831. Please provide us with your name, phone and email when registering.

Please bring your own lunch - Coffee, tea and water will be provided.

Interested in joining our team?

APIN is looking for people who work with pregnant or parenting adolescents, are interested in networking in the field & can commit 2 years active participation to join the committee.

WWW.APIN.ORG

Check it out for further details regarding upcoming events.

Adolescent Health, Pregnancy & Parenting

For professionals working with adolescent parents:

Tools to understand & promote happy secure relationships between teens & their children

May 7 & 8, 2009 Victoria Inn, Winnipeg

A full conference brochure, registration form & exhibitor information is available online at www.apin.org

*Early Bird Rate \$150.00 until April 6th, 2009.
Regular Rate \$200.00 effective April 7th, 2009.*



Featuring Keynote Speaker Dr. Harvey Karp

Dr. Harvey Karp is a pediatrician and child development specialist and assistant professor of pediatrics at UCLA. His landmark books and DVDs, *The Happiest Baby on the Block* and *The Happiest Toddler on the Block* are revolutionizing the way our culture understands the needs of young children. No wonder the *New York Times* hailed his work by proclaiming, "Roll over, Dr. Spock!"

The Happiest Baby presents his discovery of an infant's "calming reflex" (an offswitch for crying) that quickly soothes any fussy baby and immediately adds 1-3 hours to a baby's sleep. It is being used to promote good parenting as well as to help prevent child abuse, preventing postpartum depression and SIDS.

The Happiest Toddler teaches an extraordinary new way to speak to toddlers (9months - 5 years) that can immediately boost a young child's patience and cooperation and can eliminate 50-90% of temper tantrums... in less than a week.

His work has been frequently featured on *Good Morning America*, *Dr. Phil*, *The View*, *New York Times*, *CNN*, etc.



Community Lecture with Dr. Karp - May 7th

The Happiest Baby and The Happiest Toddler on the Block!

7:00pm - 9:00pm

Winnipeg Art Gallery, 300 Memorial Blvd.

Open to the Public!!

Parents and children welcome (*childcare not provided*)

Cost: \$10.00 per adult

Pre registration is not required

In an effort to provide APIN Members with a broad range of resources and information, panelists and speakers for our monthly meetings are chosen based on suggestions by our members. Those chosen are not meant to reflect the definitive resources available, but rather some of the resources available. APIN welcomes suggestions, for topics or presenters, from its members. The greater number of presenters we engage is to our benefit and expands our list of available resources.

Adolescent Parenting & Multiculturalism (February 2009)

The presentation in February, despite the freezing rain, fog and slippery conditions, was very well attended.

The same message was heard throughout the presentations: ***We are all working towards the same goal - Looking out for the best interests of children, adults and families that are new to Canada.***

Thanks to our presenters Jeannine Roy (WRHA Language Access Interpreter Services), Margaret Von Lau (NEEDS Inc.), Tanya Elez (Aurora Family Therapy Centre), Marta Kalita (Welcome Place), Sinh Nguyen and Thacienne Mukaminega (CFS Newcomer Unit)

Some key issues that came through each presentation include:

- We must remember to **respect the culture and values** of each person and work towards a healthy transition. We need to remember every person is unique and every culture is unique.
- Be aware of your own culture**, its values and the beliefs that you bring to the table. Educate yourself on the cultural background of your clients.
- Adopt the positive aspects** of a person's culture when identifying how to handle issues that may arise. A person's culture holds many solutions which can help solve existing problems.
- Adapt, not impose, Canadian culture.** Present the Canadian options available to family members and provide information on education and the resources available to everyone.
- Be aware that adolescent pregnancy is handled differently in every culture. For many cultures, adolescent pregnancy is not accepted, not spoken about, treated as an embarrassment to the family and is a taboo topic. Termination is not an option in many cultures and adoption is not handled the same way.
- Ensure that children know that they have **certain rights** in Canada. Children receive more support in Canada than in other countries.

APIN Network News

is published six times per year for the network of Manitoba professionals working to ensure high quality service to pregnant and parenting adolescents.

APIN Newsletter Editor & Coordinator :Dana Hay
(204) 224-1831/ (fax) 255-2523/ email: info@apin.org
post: 106-475 Provencher Blvd, Winnipeg, MB R2J 4A7

APIN web site: www.apin.org

APIN is funded through Healthy Child Manitoba.

APIN STEERING COMMITTEE

- Enrica Herfurth, Villa Rosa.....786-5741 xt236
- Trina Larsen, Healthy Child Manitoba Office..... 945-2785
- Hella Leydier, WCFS 944-4387
- Joy Rae, The Family Centre 947-1401
- Kris Robinson, St. Boniface Hospital..... 235-3720
- Jacqueline Shortridge, St. Boniface Hospital9237-2456
- Jan Sprange, Mount Carmel Clinic..... 589-9457
- Donna Tom-Brannan, Nelson McIntyre 237-0219
- Tanyalee Viner, New Directions.....783-7078 xt201
- Kim Witges, WRHA 940-8712
- Chrysta Wood, Healthy Start for Mom & Me..... 949-5356

- Knowing a language is not enough. You must be aware of religious and cultural beliefs. **The last piece of identity people have is their language** so we must ensure that we communicate in their language.
- Best advice for newcomers** – attend cultural events and programs to meet the people in your community. You are not alone - Be open and discuss the challenges you are facing so people can offer help and advice.

The WRHA Language Access Interpreter Services Program also provided a brief presentation on their services. The Language Access Interpreter Services program began in 2007 and currently employs 46 trained interpreters and offers services in 117 languages. The services offered are free to WRHA facilities and WRHA funded facilities. A list of services offered and their locations can be found online at <http://home.wrha.mb.ca/corp/language/index.php>.



*Don't live down to expectations.
Go out there and do something remarkable.*

Wendy Wasserstein

HIGHLIGHT A PROGRAM - Villa Rosa!

Villa Rosa helps to break the cycle of poverty and abuse by providing accommodation, individual counselling, life skills, education and community follow-up to 300 young, single, pregnant women every year. Last year we were able to accommodate 65 expecting mothers, and each of those was given the chance to continue her education as well as access to scholarships for post secondary education. Occupancy is generally at 90% capacity of our 25 spaces. An average stay is 3-4 months.

Prenatal residents share meals provided by our cook, and are given a private or semi-private room. After delivery, residents spend 3-4 weeks with us. We have an apartment block next door for those who need to learn independent living skills in a supported environment. Occupancy remains at 100% of its 8 apartments. Residents there continue to attend school at Villa Rosa and attend independent living skill and parenting programs for 3-12 months.

Research that Villa Rosa and others have done on young single parents is that the most significant predictor of future success is to stay in school. Many of the women who come to Villa Rosa have never had a positive experience in school, but with the combination of one on one support and the individual learning environment they can experience some success and hope for the future.

Villa Rosa is making a life long impact on women by being able to provide schooling within an environment that can also offer them a combination of counselling and support, care for their babies, parenting programs as well as nutritious meals. All residents at Villa Rosa are required to be in school and programs.

Once our residents have delivered their baby, their child is cared for on-site while they attend classes. Our Parent-Child Centre offers them the opportunity to learn and model parenting behaviour based on examples set for them by our staff and volunteers.

Since its inception Villa Rosa has served over 14,000 women and their children.

Get on the Distribution List

APIN is creating an email list to distribute information regarding upcoming events and quarterly newsletters. If you would prefer to receive your information electronically, please send your email address to Dana at info@apin.org. Want to receive both an electronic copy AND a hard copy? Just let us know and we will ensure your name appears on both lists.

Community Notices

Nobody's Perfect Parenting Facilitator Training

Space is limited for April 20-24 and September 28-Oct.1 sessions.

Call 231-3208 to register for this 4 day training session.

More information available at www.nobodysperfect.ca

Promote your programs & events in APIN Network News!

Fax to: (204) 255-2523 or email: info@apin.org
(Info included as space allows)