

# Relationship Values

## Directions:

1. Read the list and think about how important each item would be to you, in an intimate relationship.
2. Write each item in one of the four columns.
3. Check off the most important three to five items in the "Important" column.
4. Respond to the questions on the back of this page.

- Similar Level of Education
- Common Leisure Activities
- Love
- Money
- Sex
- Being Dependable
- Mutual Support
- Having Children
- Friends in Common
- Willingness to Grow and Change
- Faithfulness
- Shared Values and Beliefs
- Importance of Families
- Similar Interests
- Religion
- Caring and Kindness
- Similar Lifestyle
- Sense of Humour
- Honesty
- Intelligence
- Trust and Confidentiality
- Good Communication
- Shared Responsibility
- Other \_\_\_\_\_

**Must Have**

**Important**

**Nice to Have**

**Not Important**

## Questions: Relationship Values

1. Elaborate on why you selected any two items in each column.

Must Have

1)

2)

Important

1)

2)

Nice to Have

1)

2)

Not Important (if any)

1)

2)

2. What items, if any, did you add to the list and why?