

# Network News



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Overview

## Who Are We?

The Adolescent Parent Interagency Network (APIN) is a group of agencies and professionals in Manitoba who collaborate with the goal of ensuring high-quality service to teens who are pregnant or parenting, whether or not they are primary caregivers. Members of APIN have linked together because of their shared commitment to the challenges and opportunities facing these youth.

### - Understand, Reach Out and Connect with Youth -

On Friday, April 30, 2010, one hundred and eighty-six service providers gathered for APIN's Conference at the Victoria Inn, Winnipeg. The day began with Minister Jim Rondeau bringing greetings from the Province of Manitoba. Mr. Rondeau challenged attendees to "stop using the health system and start using the wellness system". He also congratulated APIN with leading the charge in working with Adolescent Parents.

Sessions throughout the day included "**Reaching and Engaging the Teenage Brain**", by Keynote Speaker Dr. Sheryl Feinstein. At noon, Ashley, a young woman from **Just TV**, shared her life's story and showed a self-made video that depicted her journey. Just TV was designed to provide youth with an opportunity to express themselves through multimedia in a safe, fun and creative environment as an alternative to negative influences such as gangs or drugs.

Concurrent sessions were held in the afternoon. Topics were: "**Shut Up and Communicate: Practical Ways for Reaching Youth**", "**Sexting, Texting, and Electronic Violence**", and "**A Client Centered Approach to Screening for Substance Abuse**".

The day ended with a presentation by Vicki Atella from Teen Talk, "**The Teenager's Body Image**". This was the same interactive workshop that Teen Talk presents to youth in high schools, custody, care or treatment facilities and alternative schools. The workshop helps youth deal with negative body image, recognize harmful media messages and common attitudes and myths in society. As well, the link between negative body image, unhealthy behaviours and depression was explored..

It was a full, inspiring and enjoyable day. The photos (page 2) tell part of the story.

(Session materials available on APIN's website: [www.apin.org](http://www.apin.org))



## APIN Conference: *What's It All About?*

- Sessions on relevant, current topics
- Inspirational, interactive learning
- Excellent Speakers who offer practical tools for working most effectively with youth
  - Displays
  - Great Food
  - Networking
  - ... and so much more



Visit [www.apin.org](http://www.apin.org) for information on session materials

IF WE SPEND OUR TIME WITH REGRETS OVER YESTERDAY, AND WORRYING OVER WHAT MIGHT HAPPEN TOMORROW, WE HAVE NO TODAY IN WHICH TO LIVE.

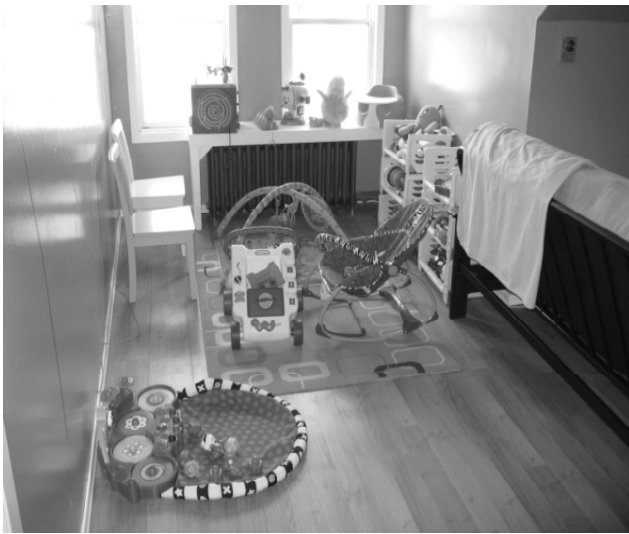
## ***HIGHLIGHT A PROGRAM - Marymound's Program for Young Moms***

The Young Parents Program at Marymound is one of its newest programs, designed for young mothers or mothers-to-be who are aging out of care or who may need an extension of care.

### ***Young Parents Program (YPP)***

Especially for young mothers or moms-to-be, YPP provides in-home support, advice and hands-on guidance in taking care of baby's needs, like bathing, feeding and finding child care.

We also emphasize attending to Mom's well-being, providing respite and help in finding a job or registering for school. Our newly renovated and well-equipped McKesson Family Centre (below) is a welcoming place to meet with other young moms, share experiences, and attend educational presentations while children nap or play in a safe cheerful environment.



### ***Referral and Criteria***

Intake is ongoing and there is no need to go through a placement/agency desk. Direct referral makes these programs easily accessible. Call us at 944-7404 to refer a client. Youth must reside in Winnipeg to qualify for this program. They must also be in care of a child welfare agency and be between the ages of 16 and 21 years.

### ***Marymound Benefits***

Marymound maintains a high standard of professional and expert caring in all its programs and IOP and YPP are no exceptions. Out trained family support workers strive to assist, while encouraging youth toward confident independence.

Program participants have access to all Marymound services, including psychiatric services, recreation programs, spiritual and cultural care and more.

### ***In-house Presentations***

Marymound can go directly out to agencies to provide staff with information about this program and to answer any questions they may have.

Contact Nadia Dias, Program Manager at 944-7404 for information or to arrange a tour or presentation.

### Community Resources

Prenatal and Postpartum Resource Pamphlet available from Lea Smith, Sexual Health Educator/Health Action Centre; email: lsmith@wrha.mb.ca

=====  
Addictions Foundation of Manitoba  
www.afm.mb.ca

=====  
Fort Garry Women's Resource Centre  
Women & the Law - ongoing workshops  
www.fgwrc.ca

**APIN is GOING GREEN!**  
**We need your Email!**

***Did you receive your Network News by mail? If yes, please send your email address to [info@apin.org](mailto:info@apin.org). In the near future, APIN will be distributing its Newsletter by email only.***

**Promote your programs & events**  
**in APIN Network News**  
email to: [info@apin.org](mailto:info@apin.org)  
*(Information included as space allows)*

**APIN Network News**

is published four times per year for the network of Manitoba professionals working to ensure high quality service to pregnant and parenting adolescents.

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### Engaging & Working with Teenage Fathers

On March 16, 2010, APIN held a Brown Bag Session at Marymound. The speaker was Andrew Bird from the Metis Community Liaison Department (Manitoba Metis Federation). Andrew presented an overview of the Neah Kee Papa Program ("I Am Your Father"). This program is a parenting enhancement program designed to support the wellbeing of children and to encourage and promote the parenting role of fathers. Information on programs and registration contacts: 204-586-8474 (T); 204-947-1816 (F); Toll free 1-800-665-8474.

Watch the website for announcements of future events.

**WWW.APIN.ORG**